

June Schedule

MONDAY

Slow Flow 9:00 am
Stretch + Flow 6:15 pm

TUESDAY

Gentle Yoga 9:30 am
Yin Yoga 6:15 pm

WEDNESDAY

Stretch + Flow 10:00 am
Slow Flow 6:15 pm

THURSDAY

Slow Flow 9:30 am

FRIDAY

Gentle Yoga 9:00 am
Vinyasa Flow 12:00pm

SATURDAY

Hatha Yoga 9:00 am

SUNDAY

Aroma Restorative 4:30 pm



Events

6/3 Fri. at 6:15pm	Candlelight Flow + Restore
6/5 Sun. at 9:00am	1st Sunday Funday Flow
6/14 Tues. at 6:15pm	Full Moon Yin + Sound Bath
6/25 Sat. at 11-5pm	Crystal Pop-Up Shop (Adeline's Mystic Earth)
6/27 Mon. at 6:15pm	New Moon Stretch, Flow, + Sound Bath

◦ **Intro Offer** ◦

New Student Intro Offer -- Unlimited 30-days, \$69

◦ **New to yoga?** ◦

Try Aroma Restorative, Gentle, Slow Flow, or Hatha to begin. For more information and descriptions of classes, visit our website.

◦ **Stay up to date** ◦

Download our *Bhavana Yoga App* onto your phone to pre-register for classes, stay current with our live schedule, and exclusive announcements!

Reminder!

Pre-registration is required as class sizes are still at a limited capacity.

Masks are not required when students/teachers are not on their mats. Please refrain from attending if sick.



◦ **Class Packs** ◦

20 Class Pack: \$200

10 Class Pack: \$140

5 Class Pack: \$80

Single Class: \$18

www.bhavanayogastudio.com

941-359-YOGA | contact@bhavanayogastudio.com

6378 North Lockwood Ridge Rd., Sarasota, FL 34243